

# Keep Your Paint Horse Healthy

This page is a quick reference you can use if your horse gets sick or injured. List the name and telephone number of your veterinarian so you can get in touch with him or her quickly if the need arises.

My Vet's Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

**Normal Vital Signs**    Respiration: 8-16 breaths per minute  
Pulse: 28-44 beats per minute  
Temperature: 99.0 – 100.8 degrees F  
Mucous Membranes: Bright, moist, clear pink

## Horse Care Tip

Every responsible horse owner should have a basic first-aid kit on hand. Even though there may not be a serious problem, it is always wise to call your vet if any of the instances below occur:

- Your horse begins to colic.
- Your horse's temperature climbs over 103 degrees
- Your horse suffers a deep wound, or a wound near any joint.
- Your horse does not respond quickly to your basic treatment.
- There is a thick, yellowish discharge from the nostrils.
- Your horse is not eating or drinking normally.
- Your horse is sick or injured, but you can not tell what is wrong.

